

Allington Castle Archers Nocking Point



December 2011



Dates for your diary

**Friday 2nd Christmas Dinner at The
Horseshoes and annual presentations**

Friday 9th indoor BA Portsmouth

**Sunday 11th Christmas Frostbite don't forget to
decorate your bow and self and bring your
Christmas cards**

Friday 16th indoor Portsmouth

Secretary's sidelines

Those of you who were unable to attend the A.G.M. on 22nd of November missed a very exciting meeting. We were reminded that more than half our annual income comes from running tournaments and less than half from membership fees. The Club accounts are in a very healthy state, if only we could spend our money buying our own field. Are you looking for one?

The final results of the Mid Kent League competition were not very flattering and there is much room for improvement next year. Club colours were discussed and you will be hearing from Chris Punton.

The Chairman thanked the retiring members of the Committee, Charles Van Rensburg , Clive Jeffery and Sally Robinson, for all the work they had done .

The new Committee are : -

| | |
|----------------------|------------------------|
| Chairman | Neil Richardson |
| Vice Chairman | Sandra Punton |
| Secretary | Colin Bowen |
| Treasurer (White) | Pamela Peake |
| Records Officer | Warwick Drew |
| Equipment Officer | Roger Oehl |
| Captain | Geoff Barker |
| Vice Captain | Chris Punton |
| Ordinary members | Ian Wilson Ron King |
| Social Secretary | Jean Barker |

If you have any questions or need help please email or phone and any of them will be willing to assist you.



Coaching for Christmas and to get you ready for next season.

How to become Bowman

1. Work with a coach. An experienced one is preferred but not essential
2. Your approach . This is much more important
 - (a) You need to shoot at least twice a week to reinforce any new technique
 - (b) Check your equipment -- bracing height every time; arrows to ensure fletchings are not loose and shaft is straight. Bow is adjusted for centre shot and any other parts are working correctly .
 - (c) Record your score even during practice. Decide what to practice before you start. Shooting without a plan is not very productive.
 - (d) Compare your score with other sessions and decide why they are different.
 - (e) Warm ups are important to avoid injuries.

That will do for starters. If you don't bother, your coach is going to have an impossible job even if he is a National coach

PROGRESS NEEDS APPLICATION
BY YOU.

Colin

The **Worcester/ Portsmouth** was shoot on Sunday 27 November 2011 at the Market Hall in Maidstone. I believe the day was a great success once again and enjoyed by all (well I have had no complaints yet, so no news is good news right!)



I would now like to take the opportunity to thank everyone who helped to set-up the hall, those who helped with the shoot and those who helped to clear everything away at the end of the day; it was much appreciated.

I would especially like to thank my two judges Mark and Phil and my Lord Paramount Ron King who did an excellent job (I really enjoyed the speeches). It was a sad day to see the retirement of Phil Bussingham and I will regret to see him go. However he was presented with a wonderful plaque from KAA and I would like to wish him all the best in his retirement.

Most of all I would like to thank all the club members who participated in the shoot, I hope you all enjoy the day and look forward to seeing you on the field.

Best wishes

Sandra x

Club Colours

Firstly I would like to apologise to anyone who was at the AGM and was offended by my typo in the pricelist, this was purely an oversight on my part as I was rushing to get everything ready at the last minute. What's that I hear you say about prior planning and preparation?

Ok with that bit over I am pleased to inform you all that ACA's Club Colours have finally been accepted by a vote at the AGM. I also have a price list of the

items currently available as well as an extensive list of items to look into.

The new Club Colours are Gold and Black in the form of Gold polo Shirt (notice no typo this time) and black trousers. The gold Polo comes with the Club Badge embroidered on the left or right chest (dominant hand dependent) and the club name embroidered on the back. Names can be embroidered under the badge (if wanted) please look at the price list for details.

For those that have already approached me I have already looked into some of the items that I was asked about and can confirm that T-shirts are available in gold, long sleeve roll neck tops are available in

| Item | Without Name Price List | With Name |
|--------------------|----------------------------|-----------|
| Polo Shirt (Gold) | £21.00 | £23.00 |
| Polo Shirt (Green) | £21.00 | £23.00 |
| Polo Shirt (White) | £21.00 | £23.00 |
| Black Hoodie | £25.00 | £27.00 |
| Black Fleece | £28.00 | £30.00 |
| Black Sweatshirt | £23.50 | £25.50 |

black, V-neck jumpers are available in black and golf towels are available in black.

I have been in contact with my supplier and I will require payment with your order

as the work will not be started until payment is received.

Please can all archers wishing to order any of the new items email me ASAP with all your details so that I can get an order raised and the work completed by the end of the year or early 2012. The prices on the price list are based on ordering 1 of each item and depending on how many I am ordering I may be able to barter a better deal for larger orders to this end I will contact all members ordering when I know what deal I can get.

PLEASE NOTE Green and white can still be worn and if anyone is interested then I can still supply them.

For all those interested my contact details are as follows

e-mail: CPunton@googlemail.com

Phone: 01622 355855

For those who have not seen it the shirt is pictured below



If anyone would like me to look into any other items please contact me and I will try my hardest to find what you want.

Chris Punton (Vice Captain)



Captains Corner

Those of you that made it to the AGM on Tuesday 22nd will know that there has been changes in the committee. The turnout was disappointing only 26 people 12 on the committee and 14 members only. See Secretary's Sidelines for revised list.

Thanks to Charles, Clive and Sally for all their hard work over the last two years.

As to the future for ACA well

I have a dream as someone once said. That dream is that the club has it's own field, supplying the Kent County team and we are at the top of the MKL. How is this going to happen? Well firstly I am going to contact landowners directly to ask them if they would consider leasing land to us.

As to the MKL, we need to get our newer recurve archers from intermediate to top. This requires coaching and a structured approach in the coming year. This will be worked on. So if you want coaching in any part of archery equipment, arrows, or practice - let us know. Hopefully we can organise a talk on equipment and tuning in the near future.

As to the Kent County Team. It is obvious that the club will have to give the Kent Records Officer a list of Kent Bowmen regularly.

Henry V

Something that came out of the blue recently was an open casting for extras for a BBC film of Henry V. Longbow obviously attended the open casting day which was 22nd Nov, yes, the same day as the AGM.

Alf, Barry, Bill Lyons and I met up at the Stag Plaza Theatre in Sevenoaks at 4:00pm. It was a case of form filling and photographs, as a first stage. We will hear in a week if we are successful. It's 4 days of fitting for costumes from the 1st and filming starts on the 5th December for three weeks until the 23rd.

The film shoot is at Squerryes Court near Westerham.

Stop press

Barry and I have just received a text to say that we have been short listed and should keep December free.

Watch this space, autographs can be obtained with presentation of business cards. No photographs please.

Charity Sale

I have been helping Ann clear Stan's collection of archery items. All proceeds will go to the Heart of Kent Hospice. There are sets of arrows, a longrod, a compound bow (Hoyt), nocks, fletching and books. I will have the items with me most times so see me.

Twig and Stick

Field

I ventured out to Sussex for a field shoot at Boxhill on the 6th of Nov, a National Animal round. It consists of 32 targets two arrows/ target. Scoring zones are 10 for kill and for wound 5 points. Met up with a



few old faces, Daniel and Richard both have been adversaries in the past. I had a fair day, Daniel had a bad one, but Richard out scored me by 55 points. I did manage to beat Daniel, for the first time. At the end of the day I managed 2nd overall, with a score of 165.

During the day an oddity turned up in conservation a "FITA Longbow". As Richard was part of the England Field Squad this year he found himself up against European archers shooting take-down fibre glass bows.

It seems that FITA have defined a new bow classification for 2011, a bow of 1.6M long where the string only touches the bow at the nocks. The arrow shelf cut over centre. Any material of construction and ally arrows.

This is Not a LONGBOW? Surely this is an American Flat-bow where do FITA get their ideas.

FITA have done it again interfering where it is not required.

I have been shooting the Longbow for 20 years and all I meet shooting the traditional longbow are as dedicated, enthusiastic, committed, and passionate

as I am. BUT the origin of archery in this country seems to be the very poor relation currently.

One example is Kent County not putting up a team in the inter-counties, was very disappointing to say the least. The excuse

was that of those asked not enough could make the date. As far as I can see not all the archers with the Kent Bowmen classification were asked - Alf Kershaw, Ken Bearman and myself. Why not?

In Europe there are many archers who shoot the longbow, I have met Polish, French, Italian and Belgians all competing as we do. So there are a large number of archers who would like to compete on a level playing field.

It's about time the Longbow archers made a stand and held the proper **WORLD LONGBOW CHAMPIONSHIPS** or like the Yanks and hold a **WORLD SERIES** and bxxxxr the rest of the world.

Sorry about this rant but this sort of thing gets me going.

ILAA Marks shoot at Scotney Castle.

Met up with two ex ACA archers at Scotney, Jeff Chenery and Richard Capper.

A great day for a long walk in beautiful countryside.

Richard talked about his Granddaughter Charlotte, also an ex member of ACA. She has moved on by leaps and bounds! She became an archery coach and introduced Archery to three schools.

Now at Eastbourne University she is involved in their archery club. She is changing from Longbow to Compound unfortunately. But still enjoying her archery. Another ACA success.

Jeff had a very good day, scoring a PB by miles. I did not stay for the results as it was getting very late, but he could have been in with a good chance of winning.



As to my score the least said the better, judging distances was not good - lack of practise.

Newsletter input

As I will be doing the Captains Corner in the Nocking Point I am hoping that a longbow man will take up the challenge and do the Twig and Stick each month. James, Bill, Ken, Alf or Kevyn?

Geoff B

Social Secretary

Xmas dinner

This is happening on Friday. The last Newsletter there were 24 people coming. There are now 29!!!! Such a good number. We will meet up at the pub from 7pm and the meal is booked for 7.30pm. I am only responsible for taking the money for the meal, drinks are up to your own good selves.

I will give everyone a copy of their menus and a reminder of the amount they still have to pay, plus 10% for a tip. The addition of 10% was Pam's idea as she said it gets confusing otherwise. As this is the first time I have dealt with the money side of things I am happy to take her advice. Of course, if you don't wish to give a tip you don't have to.

Note to oneself – bring a calculator just in case!

Christmas Frostbite



This is an occasion to come and take part in a short shoot, drink some mulled wine and a mince pie halfway through and enjoy some seasonal nibbles at lunch time. Plus, of course, free flowing tea and coffee.

The club provides the mulled wine and Members are asked to donate the seasonal food.

Another important thing is Christmas cards – this is your chance to give Members a card without having to pay postage – a not insignificant thing nowadays. Please bring your cards and arrange them on the table in alphabetical order so that everyone can find theirs and take them home.

If there are cards left behind Colin will put them in the shed for you to collect ASAP.

Any cards for Members who live a distance away (Ken and Christine for example) will be posted to them if they do not come.

If cards are not collected from the shed they will be disposed of after Christmas.

Even if you don't want to shoot you can still come for the morning to socialise or later for the lunchtime nibbles. It's a lovely occasion so try not to miss it.

Jean