



Allington Castle Archers Nocking Point

March 2011



Dates for your diary –

Porcester :- Friday 25th March 7:00pm for 7:30

Fun shoot to end the indoor

Secretary's Sidelines

Hello everyone . This is your friendly Secretary reminding you that

FEES ARE DUE THIS MONTH

and I will send you a reminder in the near future. Cheques to be sent to our new Treasurer, Pamela Peak. Full details will be found on the reminder.

Coaching

Last month I suggested checking 1. Arrow rest and 2. Nocking point

2. Nocking point (cont.)

(a) The gap must be exact so that the nock of the arrow does not move up and down the string serving . One mm here can mean a foot (30cm) at the target.

(b) The arrow falls off the string. The nock should click when pushed on the serving and if you hold the bow so the arrow hangs down, a firm tap of the string is required to remove the arrow.

3. Bracing Height

This is the minimum distance between the throat of the handle and the string Variations of a few mm can make a difference to your sight mark . The correct distance for your bow is the one which makes the bow quiet and gives you the best group in the target ; the latter is more obvious for a good archer

Change the distance by adding more twists which shortens the string and thus increasing bracing height . Less twists - longer string, increased height. Correct distance also makes for a quiet release but does not always send the arrow the furthest. Check the position of your nocking point which may be wrong when the bracing height is changed

That's enough for this month

Colin

Twig & Stick

Field shoot this month is on Sunday 27th. 10:00 start, Woodstock field near the M2 over Detling hill, assembly 9:30. 12 targets FITA marked round. No need to register just turn up on the day, all disciplines allowed. If you need directions see Geoff B.

ACA Fun Field shoot

The shoot that was to be held on the Sunday 13th Feb pm, was brought forward to the Saturday. Because of the weather forecast of heavy rain. As it turned out a total of 7 archers competed, two Barebow and 5 longbows.

The results for the two rounds

Barebow	score	hits	'X'
Neil Richardson	198	40	0
Ian Sharp	108	26	1
Longbow			
Geoff B	149	31	1
Alf Kershaw	93	26	0
Kevyn Brooks	86	21	0
Bill Lyons	74	16	0
Barry Ruck	39	11	0

Ian Sharp had no sight marks for the shorter distances so I suggested he simply take off all his bits and shoot Barebow.

All enjoyed the more relaxed feel of field shooting and would do it again. If enough of the archers pester me I may organise another one this month.

Geoff B

Vice Captain

- 1) Introducing the Glade Internet League. This is a metric round of 70 metre shot over 6 dozen arrows. If you are interested in shooting this year's league matches please contact **Clive Jeffery** with your contact information including email address.

Details:

- FITA 70 Metre Round: 6 Dozen arrows at 70 Metres, 122cm face, 10 zone scoring
 - Individual Competition: the best three scores are added together and ranked
 - Team competition: three archers each shoot six 70 Metre rounds, a total of 18 scores
 - Men's, Women's & Cadet Recurve/Compound/Longbow/Barebow Individual and Teams results are automatically calculated by the cloud software
 - The league runs: 1st January – 30th September 2011
 - I plan to publish the dates to shoot each round ASAP. If for some reason you are unable to make the specific date you may shoot the round independently and pass your score sheet onto Clive Jeffery.
- 2) The Junior Challenge Trophy has been designed to bring the clubs junior members together in a competitive environment. Medals will be awarded to junior archers on each date for pure score and the best handicap score shooting a National round. In addition the archer's individual round scores will be aggregated at the end of the six rounds. The trophy will be awarded to the archer who has managed to accumulate the best overall total handicap score.

Junior Summer Challenge Trophy Dates for 2011.

Competitions take place during the summer, Saturday PM, arrival time is 13:00hrs for 13:30hrs sighters

- 23rd April
- 21st May
- 18th June
- 23rd July
- 13th August
- 17th September

Clive

Dunster archery week

As you may know Charles and Cecile have organised accommodation in the area of The Dunster Week in Devon this summer, June Friday 10th to Friday 17th 2011.

Duddings.co.uk for website of accommodation.

There are 12 beds available, 10 have been taken by the following-

Sandra, Lawrence, Sally, Cecile, Charles, Warwick, Geoff, Neil, Graham, Andy

Therefore there are TWO places available – Are you interested?

The cost is £40 deposit by 25th March, the remainder by 29th April £95 per person.

Entry to the shoots are down to you, see website **Gwas.org.uk**.

Car sharing is available

Contact Charles Van Rensburg before the 25th March to get your place.

Social Secretary

This is a very quiet time of the year as far as my duties are concerned. All I have been required to do were the lunches at the February Indoor Worcester/Portsmouth. Having learnt a lot from the one in November I was much better organised ie plate everything possible and clear up as you go. This worked well until one of the judges invited me to sit down with them while they were on their second go at the cheese and biscuits. Very kind but I was very aware of the timing issue. However I managed to get everything cleared in time for the shooting to begin again so all went smoothly.

I have also been online to try and find where pub quizzes are regularly held. Unfortunately I haven't been very successful, so if anyone knows of a pub in or around Maidstone please let me know.

As you can see this Newsletter is quite short so if anyone wants to send us anything for the April one – please do. We ask for articles to get to us by the 25th of the month either via email, post or hand delivery. You can even phone and I'll write down as you dictate - slowly!

Jean

From Roger

